# AFTER CARE

For 10 Days:

Wash your brows twice a day (morning and night) Using the soap provided (Dr. Bronner's Unscented Soap) or what is recommended. Recommended: Cetaphil, Dial Gold Hand Soap.

Then Blot to Dry and lightly apply after care balm provided with a cotton swab. Overapplying the balm can suffocate the skin and delay the healing process. (Use about a pea size on each brow)

Aside from using the balm after cleansing in the morning and evening, lightly apply the balm in the middle of the day to keep your brows moisturized. After 10 days you should have enough left to keep aside for your 6 week touch up. You can purchase more if something happens to it.

Limit hot showers to 5 minutes so you don't create to much steam and wash your hair at the end of the shower to keep your brows from getting wet too long. (Tilt your head back)

Healing will take up to 2 weeks and it is perfectly normal for the treated area to be dry and flake. These flakes will fall off within a few days naturally. Do not pick!

It is normal for the color to fade during the 2 weeks following the treatment.

## PLEASE AVOID THE FOLLOWING

Touching, picking, or itching the treated area.

Using soaps, cleansers, creams, or makeup on the treated area. (Only use what is recommended above for cleansing the brows morning and night)

Facial treatments, including eyelash appointments (this involves touching the brows), eyebrow tinting, tweezing, waxing, and sleeping on your brows.

Any abrasive products, rough towels or similar.

Do NOT touch or pick the small scabs that may appear after the treatments. This will result in scarring.

Taking hot baths, swimming, saunas, steam or sweaty exercise. The treated area should be kept as dry as possible.

Sunbathing, using tanning beds or direct sun exposure. (Where a hat until 2 weeks, spf can be applied after 2 weeks.

**Avoid for 4 weeks:** Chemical peels, botox, microdermabrasion

**Always avoid** antibiotics to prevent the pigment from fading faster.




If an infection occurs, seek medical attention.